## Metric Embeddings of Laakso Graphs Into Banach Spaces

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Let X be a Banach space which is not super-reflexive. Then, for each  $n \geq 1$  and  $\varepsilon > 0$ , we exhibit metric embeddings of the Laakso graph  $\mathcal{L}_n$  into X with distortion less than  $2 + \varepsilon$  and into  $L_1[0, 1]$  with distortion 4/3. These results improve previous estimates although we do not know whether they are optimal. However, we show that the distortion of an embedding of  $\mathcal{L}_2$  (respectively, the diamond graph  $D_2$ ) into  $L_1[0, 1]$  is at least 9/8 (respectively, 5/4).

We also present some results and open questions on the the Banach-Mazur distance to  $\ell_1^N$  of the transportation cost spaces of diamond and Laakso graphs.